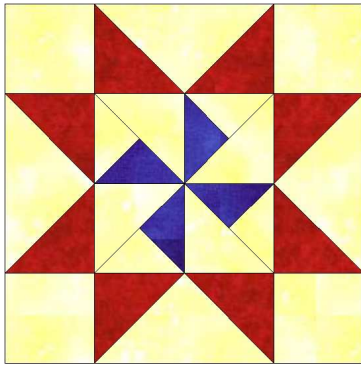


## **Freedom Star Block #7**

**February 15, 2010**

### **Martha Washington's Star Block**



Finished Block Size – 12” x 12”

This simple block is made of four Modified Quarter-Square Triangle (MQST) units in the center and four Flying Geese (FG) units combined with squares on the sides.

You will need to print out the PDF directions for Quarter-Square Triangle (QST) units and Flying Geese (FG) units.

#### **Cutting directions:**

From fabric A (blue)

cut one square 4 1/4” - Re-cut across both diagonals to yield 4 triangles.

From fabric B (yellow)

cut one square 4 1/4” X 4 1/4” Re-cut across both diagonals to yield 4 triangles.

cut two squares 3 7/8” X 3 7/8” - Re-cut across one diagonal to yield 2 triangles.

cut four squares 3 1/2” x 3 1/2”

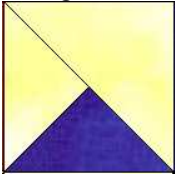
cut four rectangles 3 1/2” x 6 1/2”

From fabric C (red)

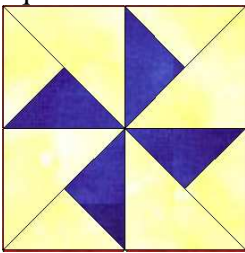
cut eight squares 3 1/2” x 3 1/2”

**Sewing directions:**

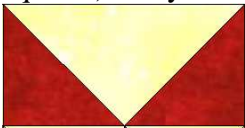
1. Sew together four Modified Quarter-Square Triangle (MQST) units using blue triangles and yellow triangles (from  $4 \frac{1}{4}$ " squares) on the QST side and one yellow triangle (from  $3 \frac{7}{8}$ " squares) for HST on the other side to yield 4 units as shown below:



2. Sew these four units together, being careful of fabric placement, to make a center square.



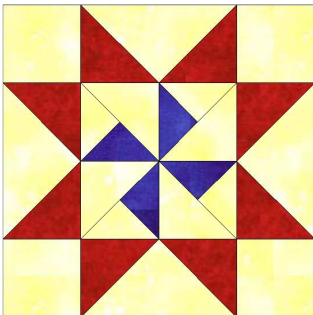
3. Make four Flying Geese (FG) units (following PDF directions) from red squares ( $3 \frac{1}{2}$ " squares) and yellow rectangles ( $3 \frac{1}{2}$ " x  $6 \frac{1}{2}$ " rectangles):



4. Add yellow squares ( $3 \frac{1}{2}$ " squares) to both ends of two of the flying geese units:



5. Combine all of the sections to make Martha Washington's Star



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